

Do the Hoedown

Choreographed by: Roy Verdonk, Raymond Sarlemijn, Pin Van Grootel, Giovanni Coenmans, Hannah Montana

Description:

Music: Do the Hoedown

16 count intro

SECTION A

DIAGONAL LOCK STEPS TO THE RIGHT WITH ROLLING ARMS

1, 2, 3 & 4 Step r diagonally, lock l behind r, step r, lock l behind r, step forward on r
5, 6, 7 & 8 Repeat to left

WALK 4 COUNTS FULL TURN, STEP R, CLOSE L, CLAP X 3

1, 2, 3, 4 Walk r, l, r, l making a full turn
5, 6, 7 & 8 Step r, close l, clap, clap, clap

STOMP R, L, SLAP HANDS ON THIGHS, STEP ON R, SLAP L LEG AGAINST R HAND STOMP L, CLAP, REPEAT ON L

1 & 2 Stomp r to side, stomp l to side, slap hands on thighs
3 & 4 & Stomp r, slap right hand on left foot behind, stomp l, clap
5 & 6 Stomp r to side, stomp l to side, slap hands on thighs
7 & 8 & Stomp l, slap left hand on right foot behind, stomp r, clap

WALK 6 COUNTS FULL TURN, TOGETHER, CLAP X 2

1, 2, 3, 4, 5, 6 Walk l, r, l, r, l, r,
7 Close l next to r
& 8 Clap, clap

SECTION B

RIGHT DIAGONAL LOCK STEP, REPEAT TO LEFT

1, 2, 3 & 4 Step r diagonally to r, lock l behind r, step forward on r, lock l behind r, step forward on r
Put your right wrist to your forehead, the left arm stretched out backwards
5, 6, 7 & 8 Step l diagonally to l, lock r behind l, step l forward, lock r behind l, step forward on l
Put your left wrist to your forehead, the right arm stretched out backwards

LEFT FULL TURN, CROSS ROCK, RECOVER, FULL TURN TO RIGHT, RIGHT TO SIDE, LEFT DRAG

1, 2, 3, 4 Step on r and l making full turn over l shoulder, cross r over left, rock back on l
5, 6, 7, 8 Step on r and l making full turn over r shoulder, step right to side, drag l next to r

RIGHT KICK, CLOSE, KNEE POINTS, REPEAT ON LEFT, RIGHT MAMBO TO RIGHT SIDE, LEFT MAMBO TO LEFT SIDE

1 & 2 & Kick r forward, close, bend knees and point them outwards, close
3 & 4 & Kick l forward, close, bend knees and point them outwards, close
5 & 6, 7 & 8 Step r to side, step on l, close r next to l, repeat on l

RIGHT DIAGONAL STEP, DRAG LEFT, REPEAT ON LEFT

1, 2 Step r o r side, drag l next to r
Make snake movements with right arm
3 & 4 Keep feet still: l arm stretched out to l, arms down on the and-count, r arm stretched out to r
& 5, 6, Hitch l, step l to l side, drag r next to l
7 & 8 Keep feet still: Push chin upwards with r hand, put arm down on the and-count, cross l arm over chest
pointing to r

**HOLD, JUMP OUT WITH BOTH FEET, JUMP INTO CROSS, SLOW UNWIND $\frac{3}{4}$ TURN, DIAGONALLY:
WALK X 2, SHUFFLE**

1, 2 & 3, 4 Hold, jump out on both feet, jump into cross with r over l, unwind $\frac{3}{4}$ turn over l shoulder on 2 counts
5, 6, 7 & 8 Walk l, r, shuffle l, r, l

**JAZZBOX WITH $\frac{1}{2}$ TURN, WALK RIGHT AND LEFT,
WALK RIGHT, STEP LEFT TO SIDE, HOP ON RIGHT FOOT X 2, STEP LEFT TO LEFT SIDE**

1, 2, 3, 4 Cross r over l, step back on l making $\frac{1}{4}$ turn, step $\frac{1}{4}$ turn on r, step forward on l
5, 6, 7 & 8 Walk forward on r, step l to left side, hop on r 2 times, step on l

JAZZBOX WITH $\frac{1}{4}$ TURN TO RIGHT, SLIDE, BEND BODY BACK WARDS, RECOVER, CLAP X 3

1, 2, 3, 4 Cross r over left, step back on l making $\frac{1}{4}$ turn to r, step on r, close l next to r,
Rolling arms on all 4 counts
5, 6, 7 & 8 Keep feet still: Bend body backwards, recover, clap x 3

RIGHT PIVOT TURN X 2, RIGHT JAZZBOX

1, 2, 3, 4 Pivot turn r, pivot turn l
5, 6, 7, 8 Cross r over l, step back on l, step r to r side, close l next to r

Build up of the dance:

Section A

Section B

Section A for 20 counts

Section B

Section A

Section B from count 17 (kick and knee points)

Section A

Section B finishes at count 16